

Name _____

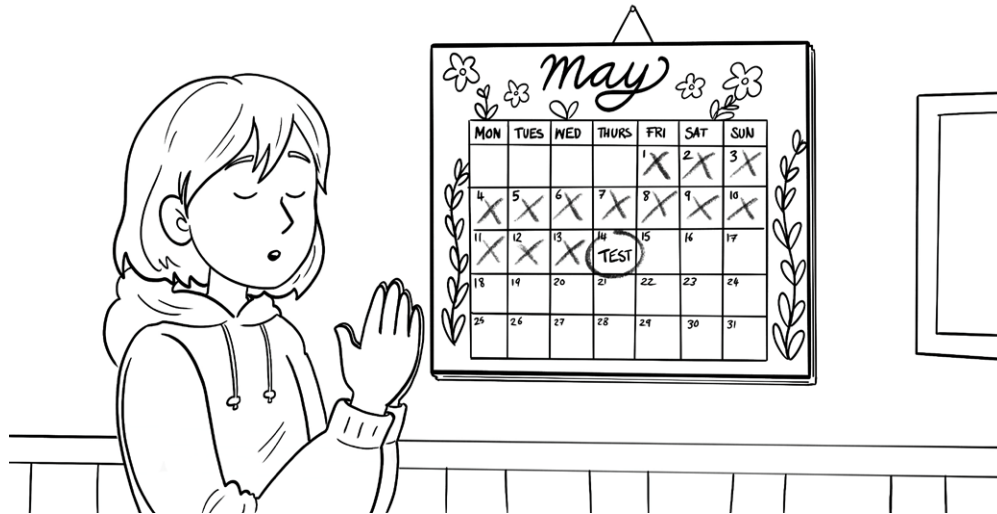
Roots Activity sheet

17-23 May 2026



1 Peter 4:12-14; 5:6-11

Peter reminds Christians experiencing tough times that they should give their worries to Jesus, who understands and cares for them.



Give your worries to God who cares for you.

Jesus loves you Write

Write down some ways to help a friend who is having a tough time. What could you tell them about Jesus?

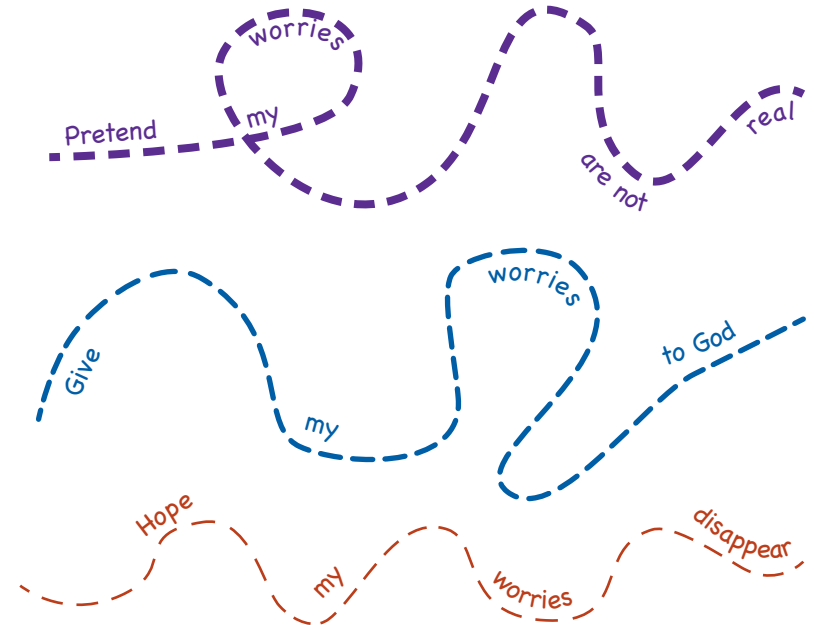
Ways to help

- .
- .
- .
- .

Jesus is....



Choose the path that you think will lead to peace.



Who promises to be with us through tough times?

